

Expert Behavioral Help Online

Do you have a child with more than average **temper tantrums, behavior problems, or anxiety?**

- Have the “terrible twos” never gone away, or gotten worse since 2 and ½ years-old?
- Is your child frequently getting in trouble at daycare, preschool, or school?
- Does your child react with defiance and/or aggression to adult requests?
- Does your child seem to get a thrill out of purposely annoying others?
- Do you dread daycare drop offs because your child is so anxious?
- Is it often difficult to get your child to listen to and follow directions?
- Does your child have challenging behaviors related to ADHD?
- Is your child overly fearful and clingy?

Is your child suddenly having behavior problems as they **struggle to adjust** after:

- A parent’s divorce / separation / remarriage / deployment / a death in the family?
- Foster care placement or adoption?
- The birth of a new sibling?
- A big move?
- A trauma?

Do you worry about:

- How to manage your child’s defiant or anxious behaviors?
- What your child’s behavior will be like as a teen if their behavior is *this* difficult, now?

If you have answered yes to any of the above, and your child is age 2.5 through 8-years-old, shout out for taking time to learn more about a highly effective, short term therapy program that can help!

What is Parent Child Interaction Therapy (PCIT)?

PCIT providers teach families thoroughly researched professional therapy skills to increase children’s positive behaviors and manage children’s difficult behaviors from ages 2.5 to 7-year-old. Parents are coached live via webcam and an earpiece in weekly sessions, until the specialized therapy skills come easily and the child’s behavior improves. Most children graduate from PCIT with improved behavior within only 12 to 20 sessions. An adaptation (PCIT-CALM) helps highly anxious children ages 3 through 8-years-old.

Let’s Make it Happen!

Research shows help for behavior problems and anxiety during the early years is often faster, cheaper, and more likely to be effective compared to waiting for those problems to get more ingrained. At eCounseling Connection, our goal is to make specialized care more accessible to families. Online evening and weekend appointments are available. eCounseling Connection is in network with Cigna and offers a sliding scale to families out-of-network.

Learn More and Schedule Your First Appointment Today!

eCounselingConnection.com